



LIFEWORk DEVELOPMENT: AN INTRODUCTION TO CAREERTHEORY

Description

This one-day workshop introduces participants to the major career development theories that inform the delivery of employment support services to clients. Participants will gain an overview of the evolution of career development with a focus on competent practice reflective of the current labour market. To be awarded this certificate, participants must have attended the full day program and satisfactorily demonstrated the application of learning through completion of an assigned practicum.

Learning Objectives

Participants will:

- ✓ Have acquired a basic understanding of the history of career development;
- ✓ Be familiar with a selection of traditional and current career development theories such as Trait/Factor, Constructivism, and Planned Happenstance, and theorists such as John Holland, Donald Super and John Krumboltz;
- ✓ Be prepared to apply career development theory to practice as demonstrated through completion of an assigned practicum.

This workshop addresses the following Core Competency of the National Standards and Guidelines for Career Development Practitioners:

C3.1.2 *Describe major career development theories*
(Competency Area C3, Career Development Knowledge)